

## “J-T” & Libby

A visit from Libby today was amazing, I guess for me I didn't understand the impact of how the service dog would effect J during a regular hospital admission. Libby lay on the bed with “J” and within minutes we all heard “J” sigh... for me this was amazing as we haven't heard “J” relax and sigh like that for as long as I can remember. Three more sighs followed as “J” relaxed and just played with Libby's ears he was very relaxed.



“J” is normally extremely anxious and irritable in hospital, which results in a lack of compliance to any procedure the staff want to attempt. While Libby was present nursing staff were able to take “J”'s blood pressure, take his temperature and look in his eyes without a word of complaint.

I've never seen “J” do anything for the nurses without smart comments or an argument in the least, we were very surprised at how relaxed and calm he appeared.



Libby left and we said our goodbyes, it was lovely to have her there. It wasn't until 30 minutes after Libby left we really noticed the impact of her presence. The nurse had come back in order to give “J” more pain medications and he flatly refused to take medications and his arguing began. Incredible to view for us just the huge impact that Libby brought to his anxiety and frustration levels in such a difficult environment.



## “J”'s Mom